#### JOHN MALAND HIGH SCHOOL

## 2025-2026

OCTOBER 6-10, 2025

Wildcat Families,

As the collective bargaining negotiations between the Alberta Teachers Association (ATA) and the Government of Alberta (TEBA) have reached an impasse and the ATA announcing that all teaching staff in public, catholic and francophone schools will begin Job Action on Monday, October 6th, 2025 there are a couple of housekeeping items that need to be addressed.

- 1. There will be no classes on Monday, October 6th unless there is an agreement between the ATA and TEBA that is ratified by both parties.
- 2. Students should bring home all personal belongings, Friday October 3rd.
- 3. All exterior doors to JMHS will be locked for the duration of the Job Action.
- 4. The JMHS phones and email address will still be monitored by our amazing support staff.
- 5. Students can retain all textbooks and resources that have been provided by the school.
- 6. Parents can access the parent toolkits created by the Government of Alberta for learning materials for your students.
- 7. All teacher and administrator tasks including but not limited to planning of teaching and learning resources, creation of Instructional Support Plans, assessment reporting will be paused for duration of Job Action.
- 8. Any changes to provincial assessments such as diploma exams will be determined by the province post Job Action.
- 9. Any school based extracurricular activities will be cancelled until after Job Action ceases.

The Labour Action Page: <a href="https://jmhs.blackgold.ca/Labour-Action-Updates">https://jmhs.blackgold.ca/Labour-Action-Updates</a> that is updated by Black Gold School Division also houses some excellent FAQs that are updated regularly.

Jon Ganton Principal JMHS

2025-2026



#### OCTOBER 6-10, 2025

OCTOBER 9 - 2024/2025 JMHS Awards Night at 7pm OCTOBER 13 - Thanksgiving Day (schools closed) OCTOBER 14 - PD Day (no school)

JCTOBER 14 - PD Day (I

2025-2026 BGSD Division Calendar



#### STUDENT VERIFICATION FORM

The BGSD Student Enrollment Verification Form is now available on your <u>PowerSchool account</u> and must be completed ASAP for each student. Please log-in on a browser and in the left-hand menu, select Student Enrollment Verification. Your help in completing this form is appreciated! Your student will not be able to participate in the Terry Fox Walk without this permission form signed!

#### STUDENTS' UNION

Students' Union will be hosting their meetings every Thursday at lunch in room 105! Anyone who missed out on signing up or the first meeting can still join!

#### POST-SECONDARY OPEN HOUSE INFORMATION

Post-secondary open house info is available on the digital billboard in the JMHS student lounge!

2025 - Alberta Post-Secondary Open House Info

#### FOLLOW US!

















#### PARENT TEACHER ADVISORY COUNCIL

Parents/Guardians - If you are interested in a role on the parent teacher advisory council, please contact the principal, Jon Ganton, at <a href="mailto:jon.ganton@gshare.blackgold.ca">jon.ganton@gshare.blackgold.ca</a> for more information. All parents, guardians or current JMHS students are welcome to attend!

#### The next PTA meeting will be held on Thursday, November 6 from 6-8pm!

Future PTA meeting dates are:

November 6 March 5
December 4 April 9
January 8 May 7
February 12 June 4

#### OFF-CAMPUS PROGRAMMING AND WORK EXPERIENCE

To sign-up for work experience during the school year, RAP or the Green Certificate program, please see Mrs. van Steenis during block 2 in the office or contact her by email at: kim.vansteenis@blackgold.ca

Sign-up for the Registered Apprenticeship Progam (RAP) presentation on September 25 in the office!

#### JOHN MALAND HIGH SCHOOL

OCTOBER 6-10, 2025

## 2025-2026

#### JMHS AWARDS NIGHT

JMHS will be hosting the 2024–2025 Awards Ceremony on Thursday, October 9, 2025 at 7pm! Invitations to students that will be receiving awards have been emailed.

We look forward to celebrating with you!

#### **SCHOOL FEES**

School fees have been posted to your PowerSchool account. Please pay your semester I fees by October 15!
To pay fees, you must log-in to PowerSchool on a browser and not the app. If you haven't set-up a PowerSchool account, please do so as soon as possible.

#### JMHS ATHLETICS

CONGRATULATIONS TO THE JMHS GOLFERS WHO REPRESENTED US AT ZONES! THEY CAME BACK WITH TWO GOLDS AND A BRONZE MEDAL!

CONGRATULATIONS TO OUR VOLLEYBALL
TEAMS FOR A GREAT SEASON SO FAR! THE SR.
BOYS TEAM WON THE TOURNAMENT IN
DRAYTON VALLEY LAST WEEKEND!

CHEER ON THE GIRLS VOLLEYBALL TEAMS AT THEIR HOME TOURNAMENT THIS WEEKEND! SR. GIRLS PLAY ON FRIDAY – 9,AM, 11AM, 1PM JV. GIRLS PLAY ON FRIDAY – 3PM, 6PM, 7PM

GREAT JOB TO OUR NAX TEAMS TOO!
CONGRATULATIONS TO THE U18 MALE PREP
TEAM FOR WINNING THE
CANADIAN CROWN TOURNAMENT!







#### EN CROWN TOOK

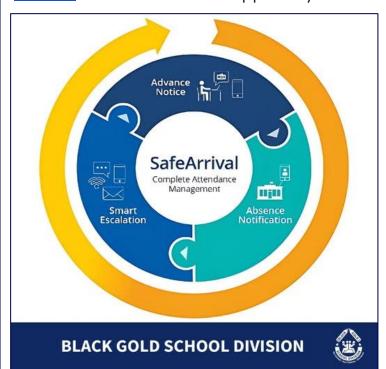
#### DO NOT LITTER!

appreciated if everyone would please pick up their garbage in the student parking lot, school grounds and in the school. Please be respectful and help to keep our school and area clean!

#### **ABSENCE REPORTING**

BGSD will be implementing a new absence reporting system this year with SafeArrival starting August 27!

For more information, please visit the <u>JMHS</u> <u>website</u> and download the app today!

















#### JOHN MALAND HIGH SCHOOL

OCTOBER 6-10, 2025



Sign out a Family Pass to the Leduc Recreation Centre at the Library!











#### How does the pass work?

- The LRC Family Pass is valid for 2 adults and all children living in the same household.
- Sign out your LRC Family Pass for FREE from the Library.
- This pass will provide you and your family with access to all of the amenities at the LRC.
   Enjoy the Aquatic Centre, Arenas, Courts, Fieldhouse, Fitness Centre and Indoor Track.
- · Passes are valid for a one week time period.
- After your one week rental, return the LRC Family Pass back to the Library for other families to enjoy.

Visit Live.Leduc.ca for the latest drop-in activity schedule.

Get moving. Start having fun. Be connected - today!





#### SIGN OUT THE LRC PASS IN THE JMHS LIBRARY!



#### **ADMISSIONS INFORMATION**

#### Free Application Days 2025

In the spirit of reconciliation and to honour Residential School survivors, the U of A will offer its Free Application Days from September 30 - October 9, 2025 for First Nations, Métis or Inuit students.



## **Supporting the future of agriculture**Scholarship opportunities

#### **Agricultural Service Board Bursary**

The Leduc County Agricultural Service Board encourages future careers in agriculture through five bursary awards of \$1000 each to support students in an agricultural-related post secondary program.

The Agricultural Service Board bursaries are available to Leduc County residents or to children of County residents. Eligibility information and application forms can be found online at <a href="https://www.leduc-county.com/scholarships">www.leduc-county.com/scholarships</a> or you can pick one up from the Agricultural Services office. To pick up a form, please call **780-955-459**.

Applications are due by Oct. 31.

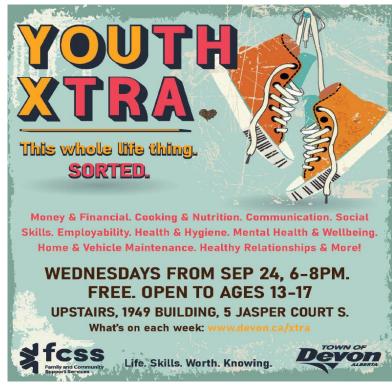


2025-2026



OCTOBER 6-10, 2025





FREE, ONLINE MENTORSHIP PROGRAM WITH STUDENTS FROM UOFT, MCGILL, UWATERLOO, QUEENS!



Ease your transition from high school to university



Be paired with a current university student based on your

program/university of interest, career aspirations, hobbies/extracurriculars!

bridgetocampus.net website

@bridge\_to\_campus
instagram

TUTORS FOR AFFORDABLE EDUCATION

#### **Tutoring Sessions**



Need help with Math, Physics, Biology, Chemistry, English, Social Studies or any class in your school?

#### AT THE UNIVERSITY OF ALBERTA

← Starting: TBD



Connect with a tutor in person during one of our sessions run by university student volunteers!
Our sessions are completely free - check our website for dates and locations!

#### **ONLINE VIA GOOGLE MEET**

Starting: Now

If you're unable to make an in-person session, you can also arrange 1 hour online sessions directly with a tutor. Use the link on our website to access the booking site or email usl



Visit our website or email for more information! <u>www.tutorsae.ca|tutorsae@ualberta.ca</u>

NOTE: Have your homework/resources available

register now





The maximum award value is \$28,000, disbursed over four years.

Deadline is December 1st.

For award criteria please visit: www.terryfoxawards.ca



For more information contact: Terry Fox Humanitarian Awards



AQ 5003-8888 University Drive Burnaby, BC, V5A 1S6



T 778.782.3057



info@terryfoxawards.ca

Les Prix Humanitaires Terry Fox sont ouverts aux étudiants qui terminent leurs études secondaires ou leur première année de CÉGEP, ainsi qu'à ceux qui étudient en vue d'obtenir leur premier diplôme universitaire dans un établissement

> La valeur totale maximale du prix est de 28 000\$ repartis sur quatre ans.

d'enseignement postsecondaire canadien.

**MAINTENANT** 

La date limite est le 1er décembre.

Pour connaître les critères d'admission, veuillez consulter:

www.terryfoxawards.ca















Financé par le gouvernement du Canada







#### Pursuing a degree in STEM?

You can win a \$120,000 scholarship!

100 scholarships · 19 universities

























Speak to your school administrator.

Nomination deadline is January 28, 2026.

Learn more at SchulichLeaders.com



Creeting the next generation of technology innovators

49 PARTNER UNIVERSITIES: University of Welerico • University of Toronto • McHaster University Guesers University • Western University • University of British Columbia • McGill University University of Alberta • University of Calgory • York University • Delhousie University University of Ottawa • University of Victoria • Simon Fraser University • University of New Brunowick University of Manitoba • University of Sasketchewan • Memorial University • Université de Montréal



### UA-WiSE Career Planning 101

Hosted by the University of Alberta Women in STEM and Engineering (UA-WiSE) student group, this in-person event aims to educate high school students about the variety of STEM programs available at the University of Alberta, as well as other academic resources and programs that are available to enhance their university experience.

Date: November 8, 2025 Time: 12:00 pm - 3:30 pm

Location: ETLC Solarium, University of Alberta,

**Edmonton, AB** 

Includes talks from three keynote speakers, and a pizza lunch!



RSVP here!
Spots are limited!



THE CANADIAN CANCER SOCIETY IS

### LOOKING FOR VOLUNTEERS!



Tune into our Virtual Youth Volunteer Fair to learn about all the opportunities to get involved!



**WEDNESDAY, OCTOBER 15, 2025** 



**7:00PM EST | 4:00PM PST** 



RELAY FOR LIFE, RESEARCH & MORE

Register by scanning the QR code! See you there!





## VOLUNTEER OPPORTUNITY FOR HIGHSCHOOL STUDENTS

# PROGRAM ASSISTANT

#### Scope and Tasks

- Establish positive connections with the grades 5's & 6's on Thursday nights from 6:00-8:00
- commit to volunteering at least once per month

#### Personal Attributes

- Leadership skills
- Upstanding citizen
- Reliable work ethic

#### Opportunities

- Resume building
- Scholarship opportunity





#### **Email resumes to:**

localyouthexperience@gmail.com





### October



Monday Drama & Tech 6:30-9:00	Tuesday Local Leaders 5:30-8:00	Wednesday Boots n' Katz 7:00-9:00	Thursday Grade 5&6 6:00-8:00	Friday The Big Event 7:00-9:30
Varisonia! Warm Read	Orange Shirt Day Community Centre @ 4:30	Music Jam Session	Kick-Off Ice Cream Party	Games in the Dark
Varisonia Character Development	7 Leadership 101 & Spaghetti	8 Music Jam Session	9 Crafts & Games	Craft & Movie
No Local	14 Event Planning 101 & Burrito Bowls	Music Jam Session	Spooky Movie Night	Friendsgiving Register by DM or in person
<sup>20</sup> Varisonia Staging 1.1-1.4	Halloween Party Prep & Totellini Soup	Music Jam Session	Games in the Dark	Halloween Party
Varisonia Staging 1.5-2.1	Team Reward Day!!	Music Jam Session	Halloween Party	No Local

Grades 7 - 12 // 5 Jasper Court S. www.localyouthexperience.com

Join us for Dungeons and Dragons on Wednesdays from 7:00-9:00!





#### Caregiver Education Team Newsletter

October 2025



Recovery Alberta is proud to offer FREE online programming to caregivers of school-age children and youth as well as adults in the community who want to learn more about addiction and mental health topics.

Sessions are offered online through the Zoom conferencing application. A link to access the online session will be sent by email to those who have registered for the session

#### October Education Sessions

#### More than Just a Bad Day Understanding Depression

For adults supporting their owr wellness or the wellness of a loved one

Monday, October 6 12:00 – 1:00 pm

#### Parenting Strategies for Positive Mental Health

For parents and caregivers of children in grades K-6

#### Part 1:

Monday, October 20 12:00 – 1:00 pm

Part 2:

Monday, October 27 12:00 – 1:00 pm

#### November Education Sessions

#### Understanding Anxiety Series

For adults supporting their own wellness or supporting the wellness of children and teens

#### Part 1:

An Introduction

Monday, November 3 12:00 – 1:00 pm

#### Part 2:

Calming Our Bodies

Monday, November 10 12:00 – 1:00 pm

#### Part 3:

**Settling Our Minds** 

Monday, November 17 12:00 – 1:00 pm

#### Dart 4

Overcoming Avoidance

Monday, November 24 12:00 – 1:00 pm

#### Participant Feedback

"The presenters were professional and friendly. The learning environment felt safe, and I felt confident learning from the presenters. Thank you for providing these valuable education sessions!"





Professional Practice & Education Services Edmonton



#### **November Education Sessions**

Fall 2025

These free adult sessions are intended to provide community members with information and strategies regarding addiction and mental health challenges that can affect us all. When topics are presented as a series, participants can attend one or all sessions.

#### Understanding Anxiety Series

#### Part 1: An Introduction

This session will distinguish between normal worries and anxiety that is no longer helpful or productive and will help participants to identify signs that they or their child/youth may be experiencing anxiety.

Date: Monday, November 3, 2025

Time: 12:00 - 1:00 pm

For adults supporting their own wellness or the wellness of children and

youth.

#### Part 2: Calming Our Bodies

In this session, we will review how the body reacts to stress triggers, ways we can start to notice the body's stress responses, and strategies for regulating ourselves, children, and youth.

Date: Monday, November 10, 2025

Time: 12:00 - 1:00 pm

For adults supporting their own wellness or the wellness of children and

#### Part 3: Settling Our Minds

In this session, we will look at how anxiety can lead to negative thoughts and thinking traps that can hold us back. Strategies for encouraging more realistic thinking will be discussed.

Date: Monday, November 17, 2025

Time: 12:00 - 1:00 pm

For adults supporting their own wellness or the wellness of children and

vouth.

#### Part 4: Overcoming Avoidance

In this session, we will discuss how avoidance of stressors can increase our stress response over time. We will discuss ways to manage stressful situations in steps and effective coping skills.

Date: Monday, November 24, 2025

Time: 12:00 - 1:00 pm

For adults supporting their own wellness or the wellness of children and

youth.

Registration:

Sessions are offered online through the Zoom conferencing application.

A link to access the online session will be sent by email to those who have registered for the session.

To register, click HERE or go to:

www.cyfcaregivereducation.ca

#### Participant Feedback

"[The facilitators] were awesome and engaging so well with us...keep up the great work. Thank you."



Professional Practice & Education Services Edmonton

Recovery Alberta



#### October Education Sessions

Fall 2025



These free sessions are intended to provide community members with information and strategies regarding addiction and mental health challenges that can affect us all.

### More than Just a Bad Day Understanding Depression

In this session, we will discuss what mental health is, the difference between sadness and depression, and common signs and symptoms of depression. Treatment options and supportive strategies for coping and support will be shared.

Date: Monday, October 6, 2025

Time: 12:00 - 1:00 pm

For adults supporting their own wellness or the wellness of a loved one.

#### Parenting Strategies that Promote Positive Mental Health

Explore factors that contribute to your child's mental health and wellness and learn how you can be your child's greatest mental health asset.

#### Part 1: Increasing Wellness Deposits

We will look at what mental health and wellness is and discuss strategies for increasing you child's protective factors that provide a buffer to life's challenges and promote wellness.

Date: Monday, October 20, 2025

Time: 12:00 - 1:00 pm

For caregivers of children grades K-6, for adults only.

#### Part 2: Reducing Wellness Withdrawals

We will discuss strategies for reducing mental health 'withdrawals' – the risk factors that increase stress and drain your child's inner resources.

Date: Monday, October 27, 2025

Time: 12:00 - 1:00 pm

For caregivers of children grades K-6, for adults only.



#### Registration:

Sessions are offered online through the Zoom conferencing application.

A link to access the online session will be sent by email to those who have registered for the session.

To register, click <u>HERE</u> or ao to:

www.cyfcaregivereducation.ca

#### Participant Feedback

"I really enjoyed the format, content and delivery of the presentation.

"It was good, and I look f forward to more learnings like this."



Professional Practice & Education Services Edmonton